

## **A. Basic Procedure of Holy Communion**

### **1. Praise & the Lord's Prayer (Everyone)**

**2. Meditation on today's verse:** reading and meditating on today's verse from Bible Verse 365 (may read a few more verses before and/or after a certain date, if needed)

**3. Holy Communion with Bread and Wine With bread and wine,** which represent Body and Word of Jesus who spoke to the Seven Churches through the small book, which represent Revelation chapter 2-3, we remember and savor the meaning of Holy Communion, which must be witnessed to others.

**4. Words of the Holy Spirit** – among the Words to the Seven Churches in Revelation Chapter 2-3, recite one of them at each Holy Communion Service.

“He who has an ear, let him hear what the Spirit says to the churches.”  
(Rev 2:7), (Rev 2:11), (Rev 2:17), (Rev 2:29), (Rev 3:6), (Rev 3:13), (Rev 3:22)

<Reference> the Seven Churches

- The Church in Ephesus (Rev 1:1-7),
- The Church in Smyrna (Rev 2:8-11),
- The Church in Pergamum (Rev 2:12-17),
- The Church in Thyatira (Rev 2:18-29),
- The Church in Sardis (Rev 3:1-6),
- The Church in Philadelphia (Rev 3:7-13),
- The Church in Laodicea (Rev 3:14-22)

### **5. Intercessory prayer and Individual prayer**

<Intercessory prayer>

Prayer is a natural expression of faith that testifies the life of walking with Jesus, intercessory prayer especially is a prayer of calling that personally carries out the love for neighbors while pursuing the spiritual benefits of the active community of not only myself but also with others.

In other words, it is the most basic starting point at which the word of Jesus who said to love your neighbor as yourself is applied to reality. (1Sa 12:23)

Looking at the book of Job, once Job who was in misery carried out an intercessory prayer for his friends as commanded by God, he came out of all misery and received twice as much blessings. (Job 42:7-10)

Now, we must definitely carry out the calling of loving our neighbors. which we have been on our minds but have not put into action. We need to overcome the boundaries that have imprisoned us to pursue only our own blessings and pray the intercessory prayer of life towards the people, churches of God and non-believers who live in misery as well as everyone around us as follows. Through these intercessory prayers, we must get rid of narrow-minded selfishness

and be truly reborn by finding the essence of the religion with Christ only. (Isa 65:15-17/Eze 9:3-6/Mt 5:4/Ro 8:26-28)

**\*Intercessory Prayer Contents**

- 1)Prayer for all churches represented by the Seven Churches
- 2)Prayer for all non-believers
- 3)Prayer for those around us
- 4)Prayer for our community
- 5)Prayer for specific people
- 6)Prayer for partnering disciples
- 7)Prayer for urgent, imminent matters together

**6. Testimony of faith**

If a large number of people are present, divide them into groups of about 7 and share testimonies within this small group. Then, one person from each group organizes what has been shared within the group and share with all of the other groups, or one person may represent his or her group to share his or her testimony with the rest of the groups.

**7. Fellowship between believers – finish with the Letter to the Church in Philadelphia (Rev 3:7-13)**

**\*For one-on-one Holy Communion through a medium such as the Internet phone:**

- 1) Praise & the Lord's Prayer (Everyone) - Mentor serves as a guide
- 2) Meditation on today's verse: reading and meditating on today's verse from Bible Verses 365 (may read a few more verses before and/or after a certain date, if needed)
- 3) Holy Communion with Bread and Wine (Each person must prepare and perform) With bread and wine, which represent Body and Word of Jesus who spoke to the Seven Churches through the small book, which represent Revelation chapter 2-3, we remember and savor the meaning of Holy Communion, which must be witnessed to others (explained by Mentor).
- 4) Words of the Holy Spirit – among the Words to the Seven Churches in Revelation Chapter 2-3, recite one of them at each Holy Communion Service (respond-read to each other)
- 5) Intercessory prayer and Individual prayer Mutual Intercessory Prayer – sharing prayer requests to and then praying for each other

**\*Intercessory Prayer Contents -Guided by Mentor**

- 1) Prayer for all churches represented by the Seven Churches
- 2) Prayer for all non-believers
- 3) Prayer for those around us
- 4) Prayer for our community
- 5) Prayer for specific people

- 6) Prayer for partnering disciples
- 7) Prayer for urgent, imminent matters together

**\* Simple Procedure of Holy Communion with Bread and Wine**

- 1) Prepare bread on a plate and wine or grape juice in a cup for the Holy Communion.
- 2) The guider of that day's Holy Communion splits the bread and has all to eat it together.
- 3) The guider first receives the cup and then has all to drink it together. Also, he explains the meaning of Holy Communion and recites one of the verses related to Holy Communion shown below. (For online Holy Communion, the above is prepared and conducted individually)
- 4) Then, he recites one of the seven churches written in Revelation Chapters 2 and 3 and, if needed, explains the meaning of the Holy Communion, which is to eat the small book that Jesus gave to the seven churches in Revelation 2 and 3, which represents the word of prophesy of Jesus who became flesh from the word, and to prophesy again.
- 5) The essence of the real meaning of the Holy Communion service is the process of eating Jesus' blood and flesh symbolized by wine and bread, and declaring, spreading and bearing fruit of the word of the new covenant with Jesus who became flesh from the word.

## **B. The Meaning of Holy Communion with Bread and Wine**

Jesus says in John Chapter 6, "Verily, verily, I say unto you, except ye eat the flesh of the Son of man, and drink his blood, ye have no life in you. Whoso eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day. For my flesh is meat indeed, and my blood is drink indeed. He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him. As the living Father hath sent me, and I live by the Father: so he that eateth me, even he shall live by me. This is that bread which came down from heaven: not as your fathers did eat manna, and are dead: he that eateth of this bread shall live for ever" (Jn 6:53-58). Therefore, the true meaning of the Holy Communion is eating of the words of prophecy of Jesus who is the Word made flesh (Jn 1:14).

This is the taking in of the blood and body of Jesus who has become a body from the word, eating of the hidden manna through a Holy Communion in which bread and wine are eaten in the remembrance of Jesus, and accomplishing of the history of God by opening a spiritual view and fulfilling God's will with help from the Holy Spirit.

(1Co 11:23-29)

23. For I have received of the Lord that which also I delivered unto you, That the Lord Jesus the same night in which he was betrayed took bread:

24. And when he had given thanks, he breaks it, and said, Take, eat: this is my body, which is broken for you: this do in remembrance of me.

25. After the same manner also he took the cup, when he had supped, saying, This cup is the new testament in my blood: this do ye, as oft as ye drink it, in remembrance of me. 26. For as often as ye eat this bread, and drink this cup, ye do shew the Lord's death till he come.

(Jn1:14)

14. And the Word was made flesh, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth.

(Rev 10:7-11)

7. But in the days of the voice of the seventh angel, when he shall begin to sound, the mystery of God should be finished, as he hath declared to his servants the prophets.

8. And the voice which I heard from heaven spake unto me again, and said, Go and take the little book which is open in the hand of the angel which standeth upon the sea and upon the earth.

9. And I went unto the angel, and said unto him, Give me the little book. And he said unto me, Take it, and eat it up; and it shall make thy belly bitter, but it shall be in thy mouth sweet as honey.

10. And I took the little book out of the angel's hand and ate it up; and it was in my mouth sweet as honey: and as soon as I had eaten it, my belly was bitter.

11. And he said unto me, Thou must prophesy again before many peoples, and nations, and tongues, and kings.

(RevI:11)

11. Saying, I am Alpha and Omega, the first and the last: and, What thou seest, write in a book, and send it unto the seven churches which are in Asia; unto Ephesus, and unto Smyrna, and unto Pergamos, and unto Thyatira, and unto Sardis, and unto Philadelphia, and unto Laodicea.

(Eze 3:1-12)

1. Moreover he said unto me, Son of man, eat that thou findest; eat this roll, and go speak unto the house of Israel.

2. So I opened my mouth, and he caused me to eat that roll.

3. And he said unto me, Son of man, cause thy belly to eat, and fill thy bowels with this roll that I give thee. Then did I eat it; and it was in my mouth as honey for sweetness.

4. And he said unto me, Son of man, go, get thee unto the house of Israel, and speak with my words unto them.

5. For thou art not sent to a people of a strange speech and of an hard language, but to the house of Israel;

6. Not to many people of a strange speech and of an hard language, whose words thou canst not understand. Surely, had I sent thee to them, they would have hearkened unto thee.

7. But the house of Israel will not hearken unto thee; for they will not hearken unto me: for all the house of Israel are impudent and hardhearted.

8. Behold, I have made thy face strong against their faces, and thy forehead strong against their foreheads.
9. As an adamant harder than flint have I made thy forehead: fear them not, neither be dismayed at their looks, though they be a rebellious house.
10. Moreover he said unto me, Son of man, all my words that I shall speak unto thee receive in thine heart, and hear with thine ears.
11. And go, get thee to them of the captivity, unto the children of thy people, and speak unto them, and tell them, Thus saith the Lord GOD; whether they will hear, or whether they will forbear.
12. Then the spirit took me up, and I heard behind me a voice of a great rushing, saying, Blessed be the glory of the LORD from his place.

(Ac 2:38-47)

38. Then Peter said unto them, Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins, and ye shall receive the gift of the Holy Ghost.
39. For the promise is unto you, and to your children, and to all that are afar off, even as many as the LORD our God shall call.
40. And with many other words did he testify and exhort, saying, Save yourselves from this untoward generation.
41. Then they that gladly received his word were baptized: and the same day there were added unto them about three thousand souls.
42. And they continued stedfastly in the apostles' doctrine and fellowship, and in breaking of bread, and in prayers.
43. And fear came upon every soul: and many wonders and signs were done by the apostles.
44. And all that believed were together and had all things common;
45. And sold their possessions and goods, and parted them to all men, as every man had need.
46. And they, continuing daily with one accord in the temple, and breaking bread from house to house, did eat their meat with gladness and singleness of heart,
47. Praising God, and having favour with all the people. And the Lord added to the church daily such as should be saved.

(Lk 14:15-24)

15. And when one of them that sat at meat with him heard these things, he said unto him, Blessed is he that shall eat bread in the kingdom of God.
16. Then said he unto him, A certain man made a great supper, and bade many:
17. And sent his servant at supper time to say to them that were bidden, Come; for all things are now ready.
18. And they all with one consent began to make excuse. The first said unto him, I have bought a piece of ground, and I must needs go and see it: I pray thee have me excused.
19. And another said, I have bought five yoke of oxen, and I go to prove them: I pray thee have me excused.
20. And another said, I have married a wife, and therefore I cannot come.

21. So that servant came and shewed his lord these things. Then the master of the house being angry said to his servant, go out quickly into the streets and lanes of the city, and bring in hither the poor, and the maimed, and the halt, and the blind.

22. And the servant said, Lord, it is done as thou hast commanded, and yet there is room.

23. And the lord said unto the servant, go out into the highways and hedges, and compel them to come in, that my house may be filled.

24. For I say unto you, That none of those men which were bidden shall taste of my supper.

(Ac 2:38-47)

38. Then Peter said unto them, Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins, and ye shall receive the gift of the Holy Ghost.

39. For the promise is unto you, and to your children, and to all that are afar off, even as many as the LORD our God shall call.

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(1 Co 10:31-33)

31. Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God.

32. Give none offence, neither to the Jews, nor to the Gentiles, nor to the church of God:

33. Even as I please all men in all things, not seeking mine own profit, but the profit of many, that they may be saved.

(Zec 14:20-21)

21. In that day shall there be upon the bells of the horses, HOLINESS UNTO THE LORD; and the pots in the LORD's house shall be like the bowls before the altar.

22. Yea, every pot in Jerusalem and in Judah shall be holiness unto the LORD of hosts: and all they that sacrifice shall come and take of them, and see the therein: and in that day there shall be no more the Canaanite in the house of the LORD of hosts.

(Mt 6:5-13)

5. And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward.

6. But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

7. But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8. Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

9. After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.

10. Thy kingdom come, Thy will be done in earth, as it is in heaven.

11. Give us this day our daily bread.

12. And forgive us our debts, as we forgive our debtors.

13. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, forever. Amen.

(Ecc 8:15)

15. Then I commended mirth, because a man hath no better thing under the sun, than to eat, and to drink, and to be merry: for that shall abide with him of his labour the days of his life, which God giveth him under the sun.